

**SAMPLE SCHEDULE** - This is an example of a Reveille weekend schedule. **This is not the 2014 schedule**, as every summer has new and exciting features, making each Reveille session unique and exciting!

Camp Reveille is all about choice and all about you. The scheduled events are all optional so you can make your weekend your very own. We urge our campers to try new things as Reveille offers a fun and safe environment for all to play and explore! So we invite you to take part in as much as you want, and remember there are no expectations – only lots of choices!

## THURSDAY

Time	Activity	Instructor	Location
3:00-6:00	<b>Check in at Welcome Center</b>		
3:00-5:30	<b>Camp</b>	Tennis & Waterfront	
	<b>Camp</b>	Jewelry / Pottery	Art Staff Art Center
3:30-4:30	<b>Dance</b>	Zumba ( <i>walk-in</i> )	Dinah Playhouse
4:30-5:00	Leisurely Camp Walk with Joan		Commons Deck
6:00-7:00	<b>Meet &amp; Greet Cocktail Party</b>		Commons Deck
7:00-8:30	<b>Welcome Dinner</b> <b><i>*Bring your jacket &amp; flashlight for evening event!</i></b>		Dining Hall
8:30-9:30	<b>Indian Council Fire</b>		Indian Council
9:30	Taps	Warren	Indian Council
9:30-11:00	S'mores on the Beach		Beach
	Games & Snacks		Lodge



Since many campers retire after taps, we ask those of you who stay up later to please retire to your bunks as quietly as possible

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## FRIDAY AM

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Time	Activity	Instructor	Location
7:15-9:15	<b>Breakfast</b>		Dining Hall
7:30-8:00	<i>Mind/Body</i> Tai Chi	Beth	Brick Beach
8:00-9:00	Morning Run or Power Walk	Shannon & Melissa	Brick Beach
8:00-8:30	Camp Walk with Joan	Joan & Beth	Brick Beach
8:30-9:00	<i>Mind/Body</i> Morning Meditation	Amy	Lodge
	<i>Fitness</i> Wake Up Shake Up	Joan & Beth	Brick Beach
9:15-10:15	<i>Breakout</i> Caring for the Caregiver	Gail	Lodge
	<i>Yoga</i> Morning Yoga Stretch	Amy	Warrior Rec
	<i>Dance</i> Zumba Gold	Dinah	Playhouse
	<i>Fitness</i> Glutes, Guts & Gorgeous Guns	Beth	Senior Rec
	<i>Camp</i> Tribal Drumming	Innana	Commons Deck
	<i>Camp</i> Doubles Tennis Clinic	Dan	Tennis
	<b>Camp Activities Open:</b> Waterfront, Tennis, Climbing Wall, Jewelry/Pottery		
10:30-11:30	<i>Breakout</i> Desperately Seeking Sleep	Lisa & Cindy	Lodge
	<i>Mind/Body</i> Introduction to Chakras	Brenda	Mertz Place
	<i>Yoga</i> Vinyasa Yoga Flow	Amy	Warrior Rec
	<i>Dance</i> Zumba	Dinah	Playhouse
	<i>Fitness</i> I Want My Waist Back	Beth	Senior Rec
	<i>Camp</i> Archery	Staff	Camp
<b>Camp Activities Open:</b> Waterfront, Tennis, Climbing Wall, Jewelry/Pottery			

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## FRIDAY PM

12:00-1:00	<b>Lunch &amp; Relay Assignments</b>		Dining Hall	
1:30-2:30	<b>Reveille Relay</b>		Field	
3:00-4:00	<b>Breakout</b>	Bras 101	Jené	Lodge
	<b>Mind/Body</b>	Sound Healing	Brenda	Mertz Place
	<b>Yoga</b>	Yoga for All	Amy	Warrior Rec
	<b>Dance</b>	Hip Hop	Dinah	Playhouse
	<b>Camp</b>	Tribal Drumming	Inanna	Commons Deck
	<b>Camp Activities Open:</b> Waterfront, Tennis, Climbing Wall, Jewelry/Pottery			
4:30-5:45	<b>Mind/Body</b>	<b>Reveille LifeBreath</b>	Beth	Simpson Center
6:00-7:30	<b>Dinner</b>			Dining Hall
7:30-9:00	Cardboard Boat Race Team Challenge		Beth & Amy	Simpson Center
9:00	Taps		Warren	Simpson Center
9:00-11:00	S'mores on the Beach			Beach
	Games & Snacks			Lodge

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## SATURDAY AM

Time	Activity	Instructor	Location
7:15-9:15	<b>Breakfast</b>		Dining Hall
7:30-8:00	<i>Mind/Body</i> Tai chi	Beth	Brick Beach
8:00-9:00	Morning Run or Power Walk	Shannon & Melissa	Brick Beach
8:00-8:30	Camp Walk with Joan	Joan & Beth	Brick Beach
8:30-9:00	<i>Mind/Body</i> Morning Meditation	Amy	Lodge
	<i>Fitness</i> Wake Up Shake Up	Joan & Beth	Brick Beach
9:15-10:15	<i>Breakout</i> Laughter is the Breast Medicine	Eileen	Lodge
	<i>Yoga</i> Morning Yoga Stretch	Amy	Warrior Rec
	<i>Dance</i> Zumba Toning	Dinah	Playhouse
	<i>Fitness</i> Boot Camp	Beth	Senior Rec
	<i>Camp</i> Doubles Tennis Clinic	Dan	Upper Tennis Courts
	<b>Camp Activities Open:</b> Waterfront, Tennis, Climbing Wall, Jewelry/Pottery		
10:30-11:30	<i>Breakout</i> The Role of a Caregiver	Joan & Sara	Lodge
	<i>Mind/Body</i> LifeBreath and Sound Healing	Beth & Brenda	Mertz Place
	<i>Yoga</i> Vinyasa Yoga Flow	Amy	Yoga Studio
	<i>Dance</i> Hip to Strip	Dinah	Playhouse
	<i>Fitness</i> Ballet Bar	Jen	Senior Rec
	<i>Camp</i> Archery	Staff	Archery
	<b>Camp Activities Open:</b> Waterfront, Tennis, Climbing Wall, Jewelry/Pottery		
12:00-1:00	<b>Lunch</b>		Dining Hall
1:00-2:00	<b>Cardboard Boat Races</b>		Beach

## SATURDAY PM

	<b>Breakout</b>	Celebrity Beauty Secrets	Emir	Lodge
	<b>Yoga</b>	Gentle Yoga Stretch	Amy	Warrior Rec
2:00-3:00	<b>Dance</b>	Aqua Zumba	Dinah	Beach
	<b>Fitness</b>	Flabby Arms be Gone!	Beth	Senior Rec
	<b>Camp Activities Open:</b> Waterfront, Tennis, Climbing Wall, Jewelry/Pottery			
	<b>Breakout</b>	Eat Your Way Fit	Beth	Lodge
	<b>Mind/Body</b>	Introduction to Chakras	Brenda	Mertz Place
	<b>Dance</b>	Zumba Gold	Dinah	Playhouse
3:15-4:00	<b>Fitness</b>	Ballet Bar	Jen	Senior Rec
	<b>Camp</b>	Archery	Staff	Archery
	<b>Camp Activities Open:</b> Waterfront, Tennis, Climbing Wall, Jewelry/Pottery			
	<b>Breakout</b>	Creating an Action Plan	Gail	Lodge
	<b>Mind/Body</b>	Sound Healing	Brenda	Mertz Place
	<b>Yoga</b>	Power Yoga	Amy	Warrior Rec
4:15-5:00	<b>Dance</b>	Zumba	Dinah	Playhouse
	<b>Fitness</b>	Booty Beauty	Beth	Senior Rec
	<b>Camp</b>	Archery	Staff	Archery
	<b>Camp Activities Open:</b> Waterfront, Tennis, Climbing Wall, Jewelry/Pottery			
5:00	Shower Hour!			
6:00	<b>Pictures *Wear your Camp T-Shirts!</b>			TBD
6:30-7:30	<b>Dinner</b>			Dining Hall
7:30-8:15	<b>Breakout</b>	Dr. Ken Druck		Dining Hall
8:15	Taps		Warren	
8:30-10	<b>Reveille Dance Party</b>			Dining Hall
10:00-11:00	S'mores on the Beach			Beach
	Games			Lodge

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## SUNDAY

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Time	Activity	Instructor	Location
7:15-9:15	<b>Farewell Breakfast</b>		Dining Hall
7:30-8:00	<i>Mind/Body</i> Tai Chi	Beth	Brick Beach
8:00-9:00	Morning Run or Power Walk	Shannon & Melissa	Brick Beach
8:00-8:30	Camp Walk	Joan & Beth	Brick Beach
8:30-9:00	<i>Mind/Body</i> Morning Meditation	Amy	Warrior Rec
	<i>Fitness</i> Wake Up Shake Up	Beth	Brick Beach
9:15-10:00	<i>Mind/Body</i> LifeBreath and Sound Healing	Beth & Brenda	Mertz Place
	<i>Dance</i> Rock N' Roll Dance Revolution	Dinah	Playhouse
	<i>Fitness</i> Morning Stretch	Jen	Senior Rec
	<i>Camp</i> Jewelry Finishing touches	Lisa	Art
10:00-11:00	<b>Goodbyes on the Deck</b>	Joan	Commons Deck

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